

# Building Better Teams

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## Overview

This workshop is a basic course for team leaders and members, designed to focus on the characteristics of an effective team player and the elements of an effective team. You will leave this program with a plan for your personal development as a team player and as a team leader, as well as with some ideas on how to improve your 'at work' team. This course utilizes personal profiles, role-play, and extensive group interaction.

## Learning Objectives

At the conclusion of this workshop, participants will:

- Understand the value of working as a team.
- Recognize the critical role communication skills will play in maintaining a team atmosphere.
- Identify ways to participate and lead in a team setting.
- Develop and practice techniques for handling counterproductive team behavior.
- Provide an opportunity for team members to get to know one another, to enhance respect and to develop team spirit.

**Pre-Assignment:** Participants will receive a reading from the book "Team Players and Teamwork" to read prior to the session.

## Workshop Outline:

- Introductions, Personal Objectives and Agenda
- What is a team?
- Setting ground rules of discussion
- Pre-assignment:
  - Challenges the team faces
  - Areas that may require personal and group changes
- What is the value of cultivating a sense of team?
  - Recognize the advantages and disadvantages
  - Identify steps for overcoming the disadvantages
- The Parker Team Player Survey
- Interpretation of the Results
  - The four team player styles interpreted and verified
  - Team player style and team success
  - Communication style and problem-solving skills
  - Roles within the team
- Building sustainable agreements
  - What makes sustainable agreements?
  - Building a shared framework of understanding
- Identifying challenges and change
- Review/Personal Action Plan